3rd Millennium
C L A S S R O O M S

Course that guides students through understanding the personal, academic, social, and legal consequences of truancy, while providing tools to foster consistent school attendance and overcome individual barriers.

The course defines truancy and its impact, helping students identify personal barriers to attendance, including mental health, peer pressure, family responsibilities, and logistical challenges. Through reflection and skill-building, students develop strategies to improve attendance, seek support, and strengthen accountability.

TRUANCY 101

T

3RD MILLENNIUM CLASSROOMS

LEARNING OUTCOMES

*After taking **Truancy 101,** the individual will be able to:*

- Understand what truancy means and how it differs from excused absences
- Recognize the personal, academic, and legal importance of consistent school attendance
- Identify the many ways that missing school affects learning, friendships, mental health, and future opportunities
- Reflect on personal attendance patterns and compare them with peers
- Explore and categorize individual reasons for school absences across domains like health, family, school environment, and peer influence
- Evaluate the personal impact of barriers such as bullying, transportation issues, housing instability, and family responsibilities
- Understand the role of screen time, gaming, and substance use in school attendance and overall well-being
- Recognize warning signs of gaming addiction and how it can interfere with mental health, academics, and social life
- Identify causes of stress and anxiety related to school and life changes and explore positive coping strategies
- Learn about tools like deep breathing, journaling, using checklists, and setting boundaries with technology to improve overall well-being
- Learn how to identify trusted adults at home, school, and in the community
- Practice asking for help from trusted adults
- Gain confidence in asking for help and understand that seeking support is a strength
- Develop a personalized attendance improvement plan including goal setting, planning for challenges, and tracking progress
- Apply practical daily habits that support attendance, such as preparing for school the night before, using attendance trackers, and celebrating small successes
- Use real-life scenarios to practice making positive choices when facing common attendance-related challenges

INTERVENTION // COMPLIANCE TRACKING // EVIDENCE-BASED // PERSONALIZED-FEEDBACK//

OUTCOME REPORTING // CONFIDENTIAL // INTEGRATIONS